

# PHYSICS

JEE and NEET CRASH COURSE

# Simple Harmonic Motion



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# Periodic and Oscillatory Motion

## Periodic Motion

Any motion which repeats itself after regular interval of time along a definite path is called periodic motion or harmonic motion.

The constant interval of time after which the motion is repeated is called time period.

Examples : (i) Motion of planets around the sun.

(ii) Motion of the pendulum of wall clock.

## Oscillatory Motion

The motion of body is said to be oscillatory or vibratory motion if it moves back and forth (to and fro) about a fixed point after regular interval of time.

The fixed point about which the body oscillates is called mean position or equilibrium position.

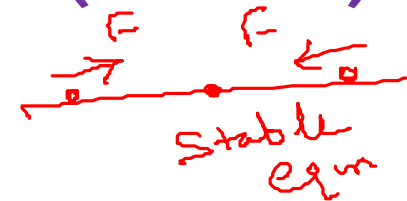
Examples : (i) Vibration of the wire of 'Sitar'.

(ii) Oscillation of the mass suspended from spring.

**Note :** Every oscillatory motion is periodic but every periodic motion is not oscillatory.

↑ in which energy remains conserved

# Simple harmonic motion (S.H.M.)



## Necessary Condition to execute S.H.M.

- (a) Motion of particle should be oscillatory.
- (b) Total mechanical energy of particle should be conserved (Kinetic energy + Potential energy = constant)
- (c) **In linear S.H.M.**

The restoring force (or acceleration) acting on the particle should always be proportional to the displacement of the particle and directed towards the equilibrium position

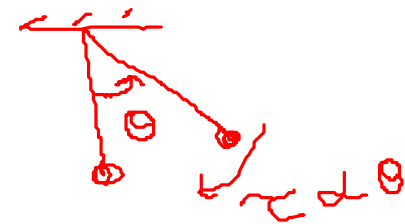
$$\therefore F \propto -x \quad \text{or} \quad a \propto -x$$

Negative sign shows that direction of force and acceleration is towards equilibrium position and  $x$  is displacement of particle from equilibrium position.

- (d) **In angular S.H.M.**

The restoring torque (or angular acceleration) acting on the particle should always be proportional to the angular displacement of the particle and directed towards the equilibrium position

$$\therefore \tau \propto -\theta \quad \text{or} \quad \alpha \propto -\theta$$



# Comparison between linear and angular S.H.M.

Linear S.H.M.	Angular S.H.M.
<p>Displacement <math>x</math></p> <p>Force <math>F = -kx</math></p> <p>Where <math>k</math> is the restoring force constant.</p> <p>Acceleration <math>a = -\frac{k}{m}x</math></p> <p>Differential equation <math>\frac{d^2x}{dt^2} + \frac{k}{m}x = 0</math></p> <p>It is known as differential equation of linear S.H.M.</p> <p>Displacement <math>x = A \sin \omega t</math></p> <p>Acceleration <math>a = -\omega^2 x</math></p> <p>where <math>\omega</math> is the angular frequency</p> <p><math>\omega^2 = \frac{k}{m}</math></p> <p><math>\omega = \sqrt{\frac{k}{m}} = \frac{2\pi}{T} = 2\pi n</math></p> <p>where <math>T</math> is time period and <math>n</math> is frequency</p> <p><math>T = 2\pi \sqrt{\frac{m}{k}}</math></p> <p><math>n = \frac{1}{2\pi} \sqrt{\frac{k}{m}}</math></p> <p>This concept is valid for all types of linear S.H.M.</p>	<p>Displacement <math>r = 0</math></p> <p>Torque <math>\tau = -C\theta</math></p> <p>Where <math>C</math> is the restoring torque constant.</p> <p>Angular acceleration <math>\alpha = -\frac{C}{I}\theta</math></p> <p>Differential equation <math>\frac{d^2\theta}{dt^2} + \frac{C}{I}\theta = 0</math></p> <p>It is known as differential equation of angular S.H.M.</p> <p>Displacement <math>\theta = \theta_0 \sin \omega t</math></p> <p>Angular acceleration <math>\alpha = -\omega^2 \theta</math></p> <p><math>\omega^2 = \frac{C}{I}</math></p> <p><math>\omega = \sqrt{\frac{C}{I}} = \frac{2\pi}{T} = 2\pi n</math></p> <p><math>T = 2\pi \sqrt{\frac{I}{C}}</math></p> <p><math>n = \frac{1}{2\pi} \sqrt{\frac{C}{I}}</math></p> <p>This concept is valid for all types of angular S.H.M.</p>



## Some basic terms in S.H.M.

**(a) Displacement** - It is defined as the distance of the particle from the mean position at that instant. Displacement in SHM at time  $t$  is given by  $x = A \sin (\omega t + \phi)$

**(b) Amplitude** - It is the maximum value of displacement of the particle from its equilibrium position.

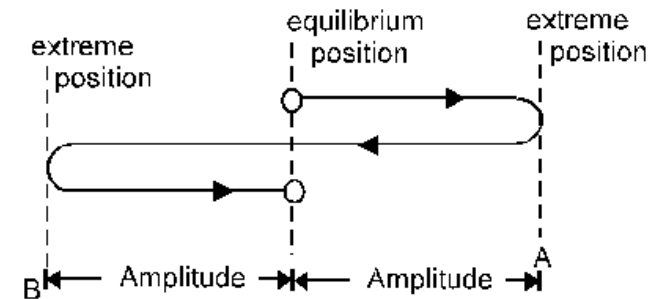
$$\text{Amplitude} = \frac{1}{2} [\text{distance between extreme points or positions}]$$

It depends on energy of the system.

**(c) Angular Frequency ( $\omega$ )** :  $\omega = \frac{2\pi}{T} = 2\pi f$  and its unit is rad/sec.

**(d) Frequency ( $f$ )** : Number of oscillations completed in unit time interval is called frequency of oscillations,  $f = \frac{1}{T} = \frac{\omega}{2\pi}$ , its units is  $\text{sec}^{-1}$  or Hz.

**(e) Time period ( $T$ )** : Smallest time interval after which the oscillatory motion gets repeated is called time period,  $T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{m}{k}}$



## Some basic terms in S.H.M.

**(f) Phase :** The physical quantity which represents the state of motion of particle (eg. its position and direction of motion at any instant).

The argument  $(\omega t + \phi)$  of sinusoidal function is called instantaneous phase of the motion.

**(g) Phase constant ( $\phi$ ) :** Constant  $\phi$  in equation of SHM is called phase constant or initial phase.

It depends on initial position and direction of velocity.

**(h) Velocity( $v$ ) :** Velocity at an instant is the rate of change of particle's position w.r.t time at that instant.

Let the displacement from mean position is given by,  $x = A \sin(\omega t + \phi)$

Velocity, 
$$v = \frac{dx}{dt} = \frac{d}{dt} [A \sin(\omega t + \phi)]$$

$$v = A\omega \cos(\omega t + \phi) \quad \text{or,}$$

$$v = \omega \sqrt{A^2 - x^2}$$

At mean position ( $x = 0$ ), velocity is maximum.  $v_{\max} = \omega A$

At extreme position ( $x = A$ ), velocity is minimum.  $v_{\min} = \text{zero}$

**GRAPH OF SPEED ( $v$ ) VS DISPLACEMENT ( $x$ ):**

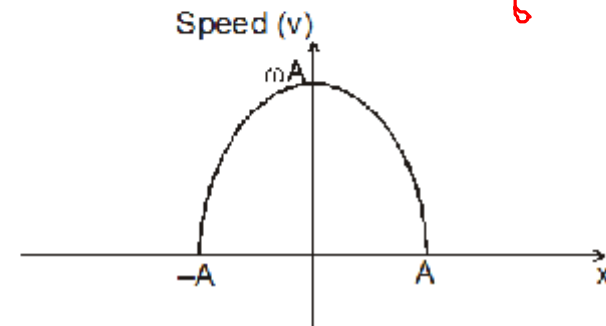
$$v = \omega \sqrt{A^2 - x^2}$$

$$v^2 = \omega^2 (A^2 - x^2)$$

$$v^2 + \omega^2 x^2 = \omega^2 A^2$$

$$\frac{v^2}{\omega^2 A^2} + \frac{x^2}{A^2} = 1$$

**GRAPH WOULD BE AN ELLIPSE**



$$\frac{v^2}{\omega^2 A^2} + \frac{x^2}{A^2} = 1$$

Ellipse

## Some basic terms in S.H.M.

**(i) Acceleration :** Acceleration at an instant is the rate of change of particle's velocity w.r.t. time at that instant.

$$\text{Acceleration, } a = \frac{dv}{dt} = \frac{d}{dt}[A\omega \cos(\omega t + \phi)]$$

$$a = -\omega^2 A \sin(\omega t + \phi)$$

$$a = -\omega^2 x$$

**Note •**

Negative sign shows that acceleration is always directed towards the mean position.  
At mean position ( $x = 0$ ), acceleration is minimum.

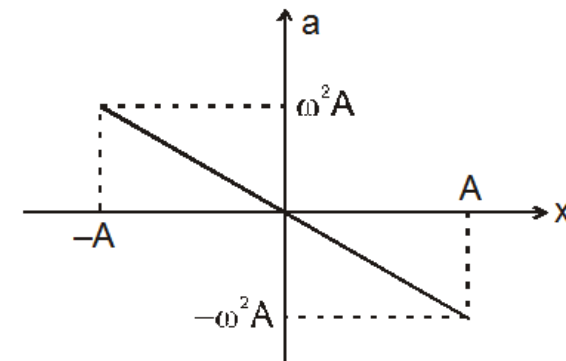
$$a_{\min} = \text{zero}$$

At extreme position ( $x = A$ ), acceleration is maximum.

$$a_{\max} = \omega^2 A$$

### **GRAPH OF ACCELERATION (A) VS DISPLACEMENT (x)**

$$a = -\omega^2 x$$



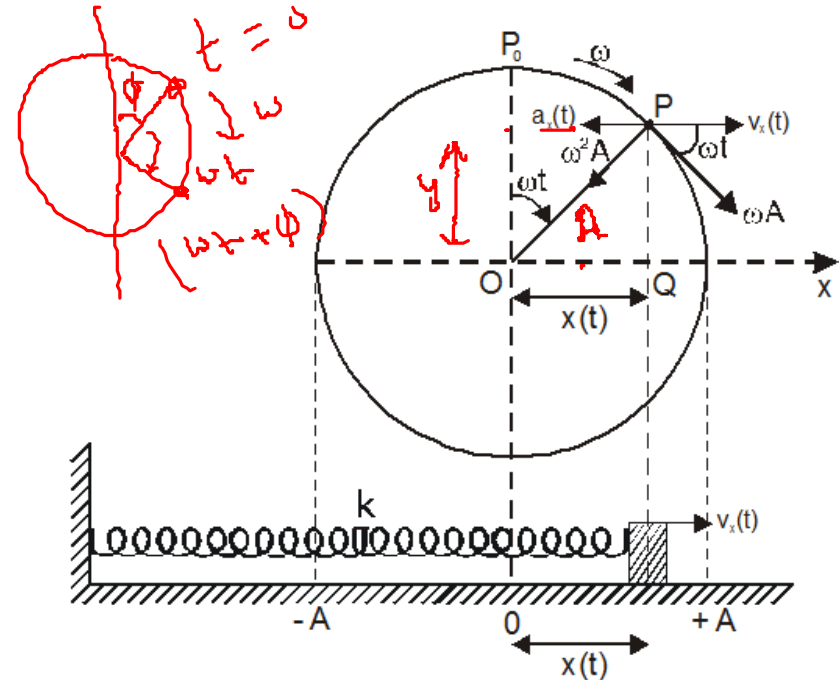
# SHM as a projection of uniform circular motion

Consider a particle moving on a circle of radius  $A$  with a constant angular speed  $\omega$  as shown in figure.

Suppose the particle is on the top of the circle (Y-axis) at  $t = 0$ . The radius  $OP$  makes an angle  $\theta = \omega t$  with the Y-axis at time  $t$ . Drop a perpendicular  $PQ$  on X-axis. The components of position vector on the X-axis

$$x(t) = A \sin \omega t$$

$$y = A \cos \omega t$$



Above equations show that the foot of perpendicular  $Q$  executes a simple harmonic motion on the X-axis. The amplitude is  $A$  and angular frequency is  $\omega$ . Similarly the foot of perpendicular on Y-axis will also execute SHM of amplitude  $A$  and angular frequency  $\omega$  [ $y(t) = A \cos \omega t$ ].



# Graphical representation of displacement, velocity & acceleration in SHM

Displacement,  
 $x = A \sin \omega t$

Velocity,

$$v = A\omega \cos \omega t = A\omega \sin \left( \omega t + \frac{\pi}{2} \right)$$

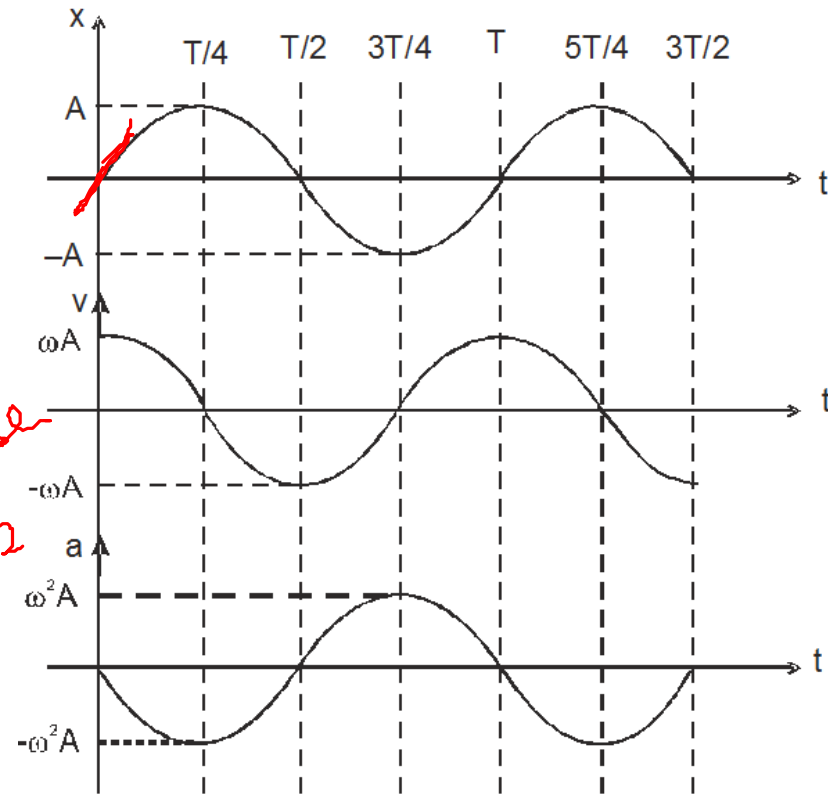
or  $v = \omega \sqrt{A^2 - x^2}$

Acceleration,

$$a = -\omega^2 A \sin \omega t = \omega^2 A \sin \left( \omega t + \pi \right)$$

or  $a = -\omega^2 x$

*vel. leads  
 disp. by phase  
 angle of  $\pi/2$*



# Energy of SHM

## Kinetic Energy (KE)

$$\frac{1}{2} m v^2 = \frac{1}{2} m \omega^2 (A^2 - x^2) = \frac{1}{2} k (A^2 - x^2) \text{ (as a function of } x)$$

$$\frac{1}{2} m A^2 \omega^2 \cos^2 (\omega t + \theta) = \frac{1}{2} K A^2 \cos^2 (\omega t + \theta) \text{ (as a function of } t)$$

$$KE_{\max} = \frac{1}{2} k A^2 \quad ; \quad \langle KE \rangle_{0-T} = \frac{1}{4} k A^2 \quad ;$$

Frequency of KE = 2 × (frequency of SHM)

## Potential Energy (PE)

$$\frac{1}{2} K x^2 \text{ (as a function of } x) = \frac{1}{2} k A^2 \sin^2 (\omega t + \theta) \text{ (as a function of time)}$$

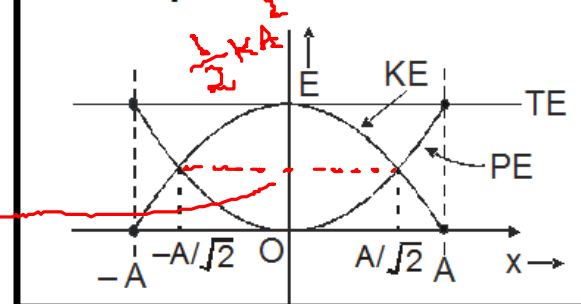
## Total Mechanical Energy (TME)

Total mechanical energy = KE + PE

$$= \frac{1}{2} k (A^2 - x^2) + \frac{1}{2} K x^2 = \frac{1}{2} K A^2$$

Hence total mechanical energy is constant in SHM.

## Graphical Variation of energy of particle in SHM



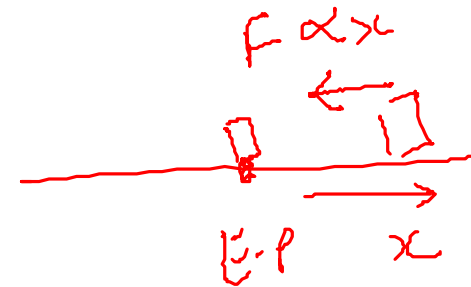
# Steps to show SHM

1. Find the equilibrium position.
2. Displace the particle by small amount ( $x$ ) from the equilibrium position.
3. Find resultant force on the particle in this new position.
4. If resultant force is proportional to  $x$  and is directed towards equilibrium position, then particle will perform SHM.

$$F = -Kx$$

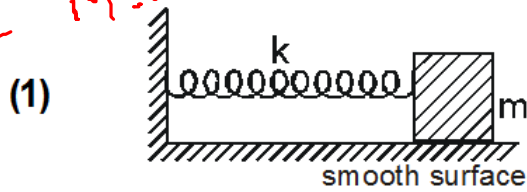
5. Time period will be

$$T = 2\pi \sqrt{\frac{m}{K}}$$

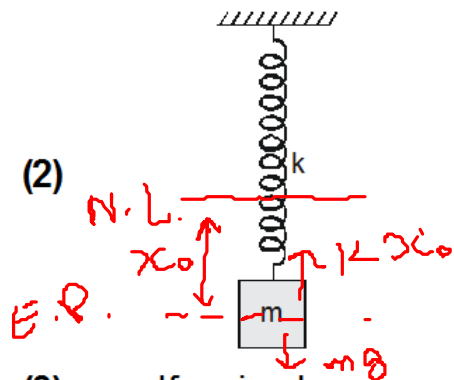


Constant force does not affect T.P. or freq. of linear S.H.M.  
 It only changes the M.P.

## Combination of Springs



$$T = 2\pi \sqrt{\frac{m}{k}}$$

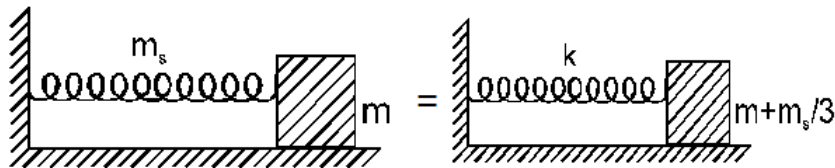


$$T = 2\pi \sqrt{\frac{m}{k}}$$

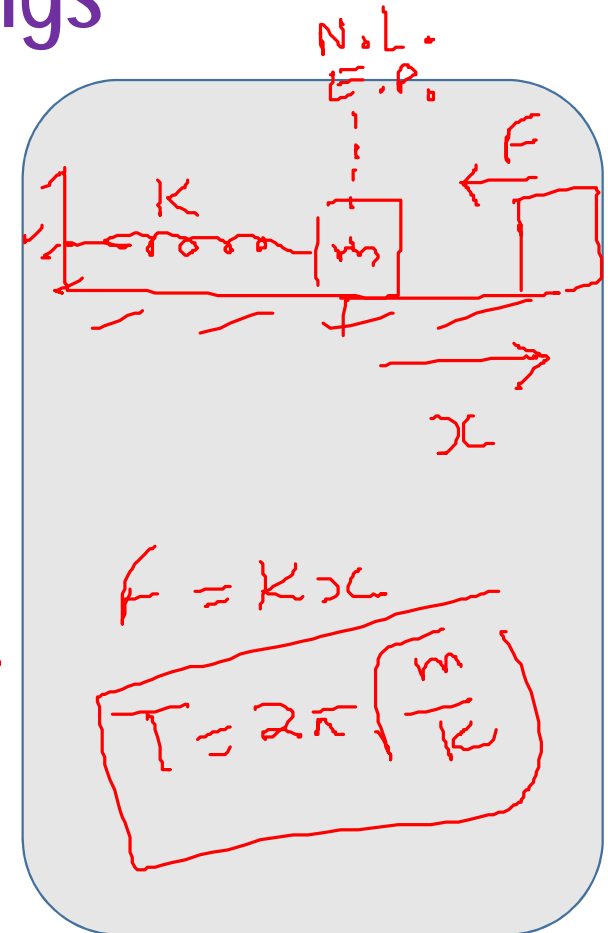
$$kx_0 = mg$$

$$x_0 = \frac{mg}{k}$$

(3) If spring has mass  $m_s$  then



$$T = 2\pi \sqrt{\frac{m + \frac{m_s}{3}}{k}}$$

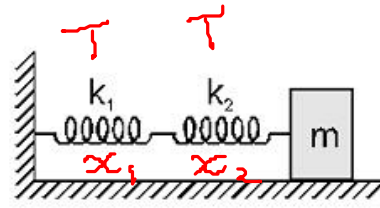


# Combination of Springs

## Series Combination

Equivalent spring constant  $K_{eq}$  is given by :

$$1/k_{eq} = 1/k_1 + 1/k_2 \quad \Rightarrow \quad T = 2\pi \sqrt{\frac{m}{k_{eq}}}$$

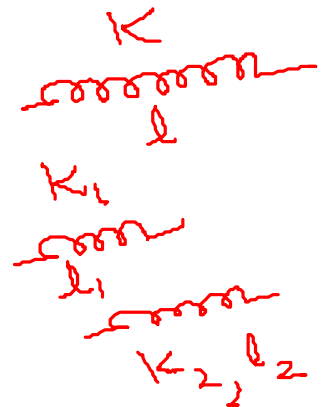


$$T = k_1 x_1 = k_2 x_2 = k_{eq} (x_1 + x_2)$$

## Note :

- In series combination, tension is same in all the springs & extension will be different. (If k is same then deformation is also same )
- In series combination , extension of springs will be reciprocal of its spring constant.
- Spring constant of spring is reciprocal of its natural length  
 $\therefore k \propto 1/l$   
 $\therefore k_1 l_1 = k_2 l_2 = k_3 l_3$
- If a spring is cut in 'n' pieces then spring constant of one piece will be nk.

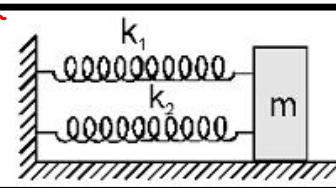
$$K \frac{l}{n} = k l \quad \Rightarrow \quad K = nk$$



## Parallel combination

*extension of both combinations*

$$k_{eq} = k_1 + k_2 \quad \Rightarrow \quad T = 2\pi \sqrt{\frac{m}{k_{eq}}}$$



$$k_1 l_1 = k_2 l_2 = K l = k_{eq} l$$

# Simple Pendulum

If a heavy point mass is suspended by a weightless, inextensible and perfectly flexible string from a rigid support, then this arrangement is called a simple pendulum

Time period of a simple pendulum  $T = 2\pi \sqrt{\frac{\ell}{g}}$

(some times we can take  $g = \pi^2$  for making calculation simple)



$$R \gg \ell$$



**Note :**

- If angular amplitude of simple pendulum is more, then time period  $T = 2\pi \sqrt{\frac{\ell}{g} \left( 1 + \frac{\theta_0^2}{16} \right)}$  where  $\theta_0$  is in radians.
- General formula for time period of simple pendulum when  $\ell$  is comparable to radius of Earth  $R$ .

$$T = 2\pi \sqrt{\frac{1}{g \left( \frac{1}{R} + \frac{1}{\ell} \right)}} \quad \text{where, } R = \text{Radius of the earth} = 6400 \text{ Km}$$

- Time period of simple pendulum of infinite length is maximum and is given by:  $T = 2\pi \sqrt{\frac{R}{g}} = 84.6 \text{ min}$  (Where  $R$  is radius of earth)
- Time period of seconds pendulum is 2 sec and  $\ell = 0.993 \text{ m}$ .
- Simple pendulum performs angular S.H.M. but due to small angular displacement, it is considered as linear S.H.M.
- If time period of clock based on simple pendulum increases then clock will be slow but if time period decrease then clock will be fast.

# Time Period of Simple Pendulum in accelerating Reference Frame

$$T = 2\pi \sqrt{\frac{l}{g_{\text{eff}}}} \text{ where}$$

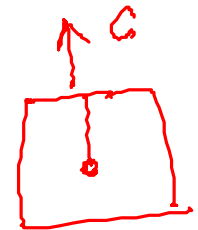
$g_{\text{eff}}$  = Effective acceleration in accelerating reference system =  $|\vec{g} - \vec{a}|$ , at mean position

$\vec{a}$  = acceleration of the point of suspension w.r.t. ground.

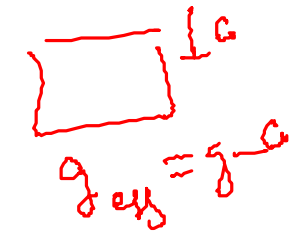
**Condition for applying this formula:**  $|\vec{g} - \vec{a}| = \text{constant}$

Also  $g_{\text{eff}} = \frac{\text{Net tension in string}}{\text{mass of bob}}$  at mean position

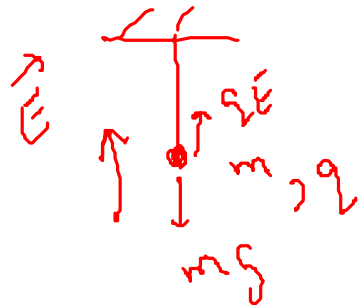
$$g_{\text{eff}} = \frac{mg - 2E}{m}$$



$$g_{\text{eff}} = g + a$$



$$g_{\text{eff}} = g - a$$



**If forces other than  $m\vec{g}$  acts then**

$$T = 2\pi \sqrt{\frac{l}{g_{\text{eff}}}} \text{ where } g_{\text{eff}} = \left| \vec{g} + \frac{\vec{F}}{m} \right|$$

$\vec{F}$  = constant force acting on 'm'.

$$g_{\text{eff}} = \sqrt{g^2 + a^2}$$

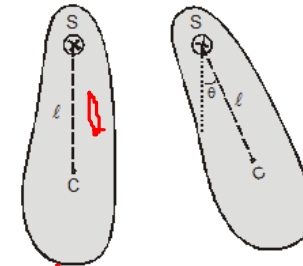
# Compound Pendulum / Physical Pendulum

When a rigid body is suspended from an axis and made to oscillate about that axis, then it is called a compound pendulum.

C = Position of center of mass

S = Point of suspension

$\ell$  = Distance between point of suspension and center of mass  
(it remains constant during motion)



$$\text{Time period, } T = 2\pi \sqrt{\frac{I}{mg\ell}} \quad I = I_{\text{CM}} + m\ell^2$$

where,  $I$  = Moment of inertia about point of suspension



# Torsional Pendulum

In torsional pendulum, an extended object is suspended at the centre by a light torsion wire. A torsion wire is essentially inextensible, but is free to twist about its axis. When the lower end of the wire is rotated by a slight amount, the wire applies a restoring torque causing the body to oscillate (rotate) about vertical wire, when released. The restoring torque produced is given by

$$\tau = -C\theta$$

where, C = Torsional constant

or,

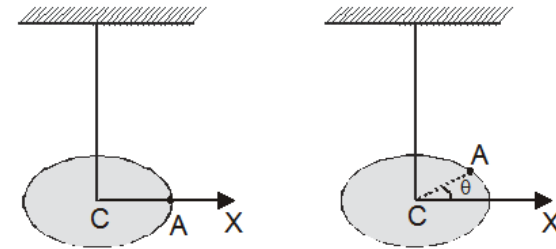
$$I\alpha = -C\theta$$

where, I = Moment of inertia about the vertical axis.

or,

$$\alpha = -\frac{C}{I}\theta$$

$$\therefore \text{Time Period, } T = 2\pi\sqrt{\frac{I}{C}}$$



# Superposition of two SHM's

**In same direction and of same frequency**

$$x_1 = A_1 \sin \omega t$$

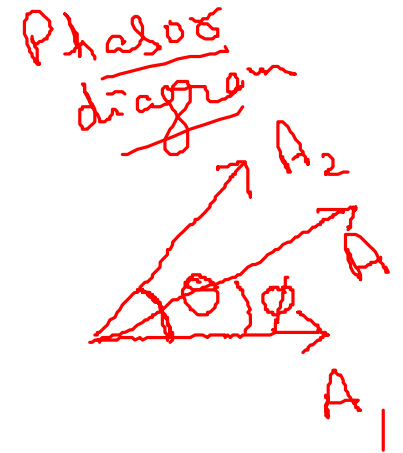
$$x_2 = A_2 \sin (\omega t + \theta), \text{ then resultant displacement } \checkmark$$

$$x = x_1 + x_2 = A_1 \sin \omega t + A_2 \sin (\omega t + \theta) = A \sin (\omega t + \phi)$$

$$\text{where } A = \sqrt{A_1^2 + A_2^2 + 2A_1A_2 \cos \theta} \quad \& \quad \phi = \tan^{-1} \left[ \frac{A_2 \sin \theta}{A_1 + A_2 \cos \theta} \right]$$

$$\text{if } \theta = 0, \text{ both SHM's are in phase and } A = A_1 + A_2$$

$$\text{if } \theta = \pi, \text{ both SHM's are out of phase and } A = |A_1 - A_2|$$



**In same direction but are of different frequencies**

$$x_1 = A_1 \sin \omega_1 t \quad x_2 = A_2 \sin \omega_2 t$$

then resultant displacement  $x = x_1 + x_2 = A_1 \sin \omega_1 t + A_2 \sin \omega_2 t$  This resultant motion is not SHM.

# Example

For a particle performing SHM, equation of motion is given as  $\frac{d^2x}{dt^2} + 4x = 0$ . Find the time period.

Sol.

$$\frac{d^2x}{dt^2} = -4x$$

$$\omega^2 = 4$$

or  $\omega = 2$

Time period;  $T = \frac{2\pi}{\omega} = \pi$

$$\frac{d^2x}{dt^2} = -\omega^2 x$$

$$\frac{d^2x}{dt^2} = -4x$$

$$\omega = 2$$
$$T = \frac{2\pi}{\omega} = \frac{2\pi}{2} = \pi$$

# Example

The equation of particle executing simple harmonic motion is  $x = (5 \text{ m}) \sin \left[ (\pi \text{ s}^{-1})t + \frac{\pi}{3} \right]$ . Write down the amplitude, time period and maximum speed. Also find the velocity at  $t = 1 \text{ s}$ .

Sol.

Comparing with equation  $x = A \sin (\omega t + \delta)$ , we see that the amplitude = 5 m,

and time period =  $\frac{2\pi}{\omega} = \frac{2\pi}{\pi \text{ s}^{-1}} = 2 \text{ s}$ .

The maximum speed =  $A\omega = 5 \text{ m} \times \pi \text{ s}^{-1} = 5\pi \text{ m/s}$ .

The velocity at time  $t = \frac{dx}{dt} = A\omega \cos (\omega t + \delta)$

At  $t = 1 \text{ s}$ ,

$$v = (5 \text{ m}) (\pi \text{ s}^{-1}) \cos \left( \pi + \frac{\pi}{3} \right) = -\frac{5\pi}{2} \text{ m/s}.$$

Handwritten solution for the SHM example:

$$x = A \sin (\omega t + \phi)$$
$$A = 5 \text{ m}$$
$$\omega = \pi$$
$$T = \frac{2\pi}{\omega} = 2 \text{ s}$$
$$v_{\text{max}} = \omega A = 5\pi \text{ m/s}$$
$$a_{\text{max}} = \omega^2 A = 5\pi^2$$
$$v = \omega \sqrt{A^2 - x^2}$$
$$v = \frac{dx}{dt} = 5\pi \cos \left( \pi t + \frac{\pi}{3} \right)$$

At  $t = 1$

$$v = 5\pi \cos \left( \pi + \frac{\pi}{3} \right) = -5\pi \cos \frac{\pi}{3} = -\frac{5\pi}{2}$$